

## Sports Club

This programme is designed for the active camper who loves sports. With a pre-set sporting programme in the morning and the broader based camp activities in the afternoon campers are given the chance to focus on sports but still experience the other exciting activities camp has to offer.

With the numerous sports facilities in Leysin we are able to offer our campers a chance to play, develop skills in, and discover a multitude of sports activities.

Every weekday morning the campers in the Sports camp will be participating in their favourite sports activities, developing skills and trying out new sports. Our experienced and qualified staff will lead the campers in the different sporting activities developing and understanding team work and helping them develop new skills as well as working with them at improving at sports they are already familiar with.

In the afternoons and evenings the campers are given the opportunity to join in the other more varied camp activities or, at times, carry on with the sporting activities they enjoy so much.

### Here are some of the activities available in the Sports Club:

- Football/soccer
- Tennis
- Squash
- Swimming
- Basketball
- Archery
- Fitness
- Volleyball
- Street Hockey
- Ultimate Frisbee
- Gymnastics